



GRAVA 90 Journey:

Ninety ways to experience the Healing Power of Gratitude, Recognition, Acknowledgement, Validation and Acceptance



ACCEPTANCE THREE

Who I am
What I do
What I have
What I know
My experience
My wealth
My health
Where I go
What I see
What I give
What I receive
How I feel
How I love
How I am loved
Who I will be
ME!

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