



GRAVA 90 Journey:

Ninety ways to experience the Healing Power of Gratitude, Recognition, Acknowledgement, Validation and Acceptance



ACCEPTANCE ONE: TO ONE WHO OWES ME MONEY

I came to an important realization today about what matters most in our relationship, which inspired a decision I would like to share with you at this time. Going forward, I will substitute the energy I've been putting into wondering if and when you will pay me, to holding an intention for your well-being including success and fulfillment in your life work.

As of today, the financial debt is clear and I say that with an open heart. Please remember I believe in you and know your vision is good, true and beautiful. I see you making a significant difference in your life, family, work and the world - and to support your positive path, I will continue to hold the following intentions:

*May you be safe and protected in all ways,
May you feel peace, contentment and love,
May your body be healthy and free from pain,
May you take care of your life with ease and joy,
May you experience compassion and loving kindness,
May your happiness continue, may it increase, may it never end,*

...and from Rumi,

May the beauty of what you love, be what you do.

