



GRAVA 90 Journey:

Ninety ways to experience the Healing Power of Gratitude, Recognition, Acknowledgement, Validation and Acceptance



ACKNOWLEDGMENT TWO: MAMA CHASE

You are an amazing woman.

You are the expression of loving kindness.

You honor the humanity in each person you meet.

You've inspired me to find my own way.

You've inspired me to be brave.

You truly understand folks.

I cherish your wisdom.

You are selfless.

I love you.

Interview with Leah Chase Part I: <https://vimeo.com/132452670>

Interview with Leah Chase Part II: <https://vimeo.com/132452696>